



“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do great work. The only way to do great work is to love what you do”

– Steve Jobs

Report from CNCF Director, Associate Professor Craig Lockwood

The end of 2017 bulletin is an illustration of the business of Cochrane Nursing Care. Over the year, many of our members have been active contributors to one or more of our knowledge translation (KT) programs, and many have become published authors, or extended their CV by adding CNCF publications to their professional activities. Firstly, I want to recognise that the success of our KT programs is very much a direct result of the work Alex Mignone puts in each week as the Program Coordinator. Secondly, our authors, the Journal Editors and Editors-in-Chief who continue to support the dissemination of Cochrane evidence deserve recognition. The diversity of journals, their distribution, and geographic representation is impressive, no other Cochrane Field has such a large and diverse portfolio of journals involved in a KT strategy. If you are curious, this is our current list of participating journals:

- Journal for Research in Nursing Health

- Gastroenterology Nursing Journal
- Public Health Nursing Journal
- Clinical Nurse Specialist Journal
- Singapore Nursing Journal
- Orthopaedic Nursing Journal
- Journal of Perianaesthesia Nursing
- Nursing Standard
- American Journal of Nursing
- International Journal of Nursing Practice
- Issues in Mental Health Nursing Journal
- International Journal of Nursing Studies
- Primary Health Care Research & Development Journal
- Breast Cancer Care: Nursing Network News
- British Journal of Community Nursing
- Critical Care Nursing Journal
- Journal of Perioperative Practice
- International Journal of Evidence Based Healthcare
- Veteran General Hospital Nursing Journal

Cochrane's Structure and Function review has completed, and the next phase is beginning. That is to undertake an internal Field evaluation of activity, and develop a

strategic plan to 2020 which embeds the Cochrane Knowledge Translation Strategic Plan. This is the major piece of work that Alex and I will be taking forward in the first half of 2018, and as the strategic goals are clarified then ratified by the Cochrane Central Executive, we will be sharing those with you, and asking for groups and individuals to volunteer to contribute. Much is changing in Cochrane, the new membership scheme is a major change, and will open doors for nurses to collaborate on a wider range of activities and evidence projects than has been possible before! Read more about membership [here: http://community.cochrane.org/organizational-info/resources/support-cet/membership](http://community.cochrane.org/organizational-info/resources/support-cet/membership)

While working with the Cochrane central executive on strategic planning, Alex and I have also been working with the Fields executive by leading on a research project related to Cochrane Corners. Most Cochrane Fields either have or are planning to implement Cochrane Corner programs as part of their KT strategy, and it is a major KT program for us in Cochrane Nursing. However, very little (until now) has been known about best practice in relation to resourcing, development, management and the kinds of tools, templates and resources that ensure a diverse authorship group can maintain high quality standards for these key publications. Our project involved collecting process based guidance from each Field, then undertaking a content analysis and mapping exercise to identify the commonalities and differences across Fields. Phase two has been to conduct a series of one to one interviews with Fields Executive Staff (this phase is ongoing), and the final phase is to complete the analysis and write a paper recommending minimum criteria for resourcing a high quality Cochrane Corner program as a knowledge Translation activity. It is great to

see nursing leading the process evaluations on KT strategies; with the development of our strategic plan, and the consultation that will be occurring with you, the members, there will be additional opportunities to become involved in evaluation studies, core operations and leadership within the Nursing Care Field. We look forward to bringing those opportunities to you in 2018, and in the meantime hope that as you reflect on 2017, that you find the good, the productive, the positive, and focus on these while enjoying the festive season – no matter what your schedule, roster or shift rotation looks like for that last week of December.

Until the New Year, Best wishes and Happy Christmas

Associate Professor Craig Lockwood

Journal for Research in Nursing & Health to join the CNCF evidence dissemination mission in 2018



The CNCF continues to widen its reach in the dissemination of Cochrane best practice evidence, and it is pleased to report on another high impact international journal joining its mission. The Journal for Research in Nursing and Health has recognised the valuable work the CNCF is doing in getting best evidence into practice and has agreed to publish the Field's Cochrane review summaries, entering an initial arrangement for the regular publication of a 'Cochrane Corner' column. This is an exciting new undertaking

for the Field that will see its Cochrane review summaries feature in this highly regarded international journal throughout 2018.

With an impact rating of 1.693, the Journal for Research in Nursing and Health is a general peer-reviewed research periodical devoted to publication of a wide range of research and theory that informs the practice of nursing and other health disciplines. The journal invites research reports on nursing practice education, administration and history, on health issues relevant to nursing and on the testing of research findings in practice.

On its newly established collaboration with the CNCF, the Editor-in-Chief for the Journal, Professor Margaret Kearney, writes: 'Research in Nursing and Health reports research that adds significantly to the global literature on health, illness, and health care delivery. Cochrane Reviews are the premier source of rigorous and timely reviews of that literature. The CNCF's concise summaries of Cochrane reviews on topics important to our readers will illuminate current evidence and reveal important next steps for research in nursing and health science'

**CNCF 'Writer in Focus' series:
Associate Professor Robin
Christian**



Associate Professor Robin Christian

The CNCF takes great pleasure in featuring the many international writers who support the dissemination work of the Field. This group values the opportunity to acknowledge the efforts of these extremely busy people who are prepared to take time out of their schedules and prepare summaries on Cochrane reviews for publication because they believe the work is of great value in bringing best practice to patients. Through the work of the Field's volunteers, the subscribers of these journals are getting the opportunity to access highly relevant Cochrane evidence that they can take back to their workplace and influence the way nurses and related healthcare professionals administer support at the bedside. In this final edition of our CNCF bulletin for 2017, we acknowledge and profile someone who has been a regular contributor to the Field's publication work for over two years; Associate Professor Robin Christian.

Robin Christian has over 23 years' experience as a Registered Nurse, and 18 years as a Family Nurse Practitioner. She is currently an Associate Professor of Nursing at the University of Mississippi Medical Centre (UMMC) School of Nursing (SON) in Jackson, Mississippi, USA.

Robin is an accredited trainer and reviewer for the Joanna Briggs Institute (JBI) Comprehensive Systematic Review Training Program, Adelaide, Australia. She is the creator and convener of the UMMC SON: An Affiliated Centre of JBI. On the work of the UMMC SON, Robin writes: 'The team is responsible for teaching the JBI methodologies of systematic reviews to faculty, students and community partners. The Research Team is also responsible for scholarly output, focusing on evidence synthesis, to support the global mission of JBI.' Robin was also instrumental in creating a unique partnership between a Health Quality Organisation and the UMMC SON. The School of Nursing is collaborating with

Information and Quality Healthcare (IQH), creating an annual IQH Fellowship program. Nursing home staff and administrators are selected from an application process to become a Fellow. Fellows then work with SON faculty for one year, in creating and implementing a quality improvement project in a long term care facility.

In addition to her many functions, Robin is also the project manager for a three year, \$2.1 million dollar, HRSA grant. The grant project, Integrated Behavioural Health Program, developed a nursing education program in collaboration with interprofessional teams to provide integrated behavioural health care with telehealth capacity to individuals with multiple chronic conditions.

Robin's passion and goal for her professional activities is the elimination of health disparities through nursing innovation. She is an active member of several professional organisations, including the CNCF.

On her experiences preparing summaries for the CNCF, Robin writes: 'I enjoy writing summaries for the CNCF because it's so important to disseminate evidenced based findings from systematic reviews so as to improve practice and policy. Summaries of findings from Cochrane systematic reviews give busy clinicians access to concise, up to date recommendations, and these articles are of particular benefit to nurses because of their focus on the potential benefits to practice.'

Writing summaries for the Field has also allowed Robin to practice and refine her skills in reading, writing, and interpreting systematic reviews. She is grateful for the CNCF and the journals that publish the Field's summaries on Cochrane review

evidence, and encourages others to get involved and support the work.

Cochrane Membership

An Opportunity for you to Collaborate!

In the first quarter of 2018, we will be communicating with you in more detail about Cochrane's membership scheme and how nurses, healthcare professionals and nursing educators can collaborate with Cochrane on a range of activities not limited to tasks requiring specialist skills. For now, I encourage you to familiarise yourself with Cochrane's membership scheme: <http://community.cochrane.org/organizational-info/resources/support-cet/membership>

Another valued contributor to the Field's summary production work; Professor JoAnn Long



Professor JoAnn Long

A contributing member of the CNCF for some time now, we are privileged to acknowledge the work of Professor JoAnn Long in the development of high quality Cochrane review summaries.

Despite her demanding role as Professor of Nursing and Director of Research and Development at Lubbock Christian University (LCU), JoAnn still finds the time to prepare summaries on Cochrane reviews for the CNCF because of how vital she believes the activity is in getting valuable evidence to nurses and healthcare professionals, and in turn to patients and their families.

JoAnn has served as a faculty member of the Lubbock Christian University for over 24 years, teaching the Registered Nursing (RN) program, Bachelor of Science in Nursing (BSN), Master of Science in Nursing (MSN), and Family Nurse Practitioner (FNP) program, in addition to coordinating governance of LCU's Department of Nursing. As a professional nurse, she has practiced nursing in acute and long-term care, and has served in both school and home healthcare settings. Her work with students has focused especially on research at both the graduate and undergraduate levels, mentoring front-line registered nurses at developing projects for poster and paper presentations at local and international scholarly conferences.

On her reasons for joining the CNCF's mission, JoAnn writes: 'Bringing good evidence to the frontline of patient care, the CNCF is an invaluable resource for nurses because it provides them a resource and knowledge base they may not otherwise have access to. The work of the Field has the potential to significantly

impact the way nurses internationally treat patients in their care.'

In addition to her many professional achievements, JoAnn was also the recipient of the 'Outstanding Faculty Mentor Award' granted by LCU's Council on Undergraduate Research, to recognise her ongoing efforts to coordinate with the Nursing faculty in guiding and encouraging student research. JoAnn believes the resources produced by the CNCF provide healthcare workers the latest evidence where it is needed the most; at the point of care. JoAnn's own research has been in the area of health promotion of adolescents (diabetes and chronic disease prevention), in particular, how Functional Magnetic Resonance Imaging (fMRI) and cell phone technology can be used to promote fruit and vegetable consumption in young people. She also has a research focus in the area of evidence-based practice and knowledge synthesis for the purpose of improving clinical care. JoAnn adamantly believes the summaries produced by the CNCF are a tremendous resource for academic faculty engaged in teaching evidence-based practice skills to nurses.

Cochrane Colloquium Edinburgh 2018



The 2018 Cochrane Colloquium will be held in Edinburgh at the International Conference Centre in Scotland from 16th to 18th September 2018 and will be hosted by Cochrane UK. The theme of the Colloquium will be: **'Cochrane for all – better evidence for better health decisions'**

This will be a Colloquium for everyone. It will welcome newcomers to Cochrane from all parts of the world and from all backgrounds. One of the key aims of this event is to increase the involvement of patients, carers and family members (healthcare consumers) in Cochrane's work. As such, the Colloquium 2018 will be a Patients Included event that is co-designed, co-produced and co-presented by healthcare consumers and an occasion where everyone's input will be valued equally.

The Colloquium 2018 will focus on the key goals of Cochrane's Strategy to 2020, looking through the eyes of healthcare consumers and in partnership with them:

- Producing evidence
- Making evidence accessible
- Advocating for evidence
- Effective and sustainable organization

For more information, the full announcement can be located here - <http://www.cochrane.org/news/announcing-cochrane-colloquium-edinburgh-2018-patients-included-health-research-conference>

Cochrane Podcasts

Cochrane podcasts deliver the latest Cochrane evidence in an easy to access audio format, allowing you to stay up to date on newly published reviews wherever you are.

Each Cochrane podcast offers a short summary of a recent Cochrane review from the authors themselves. They have been recorded in 33 languages and are brief,

allowing everyone from healthcare professionals to patients and families to hear the latest Cochrane evidence in under five minutes.

You can view and search our entire catalogue of hundreds of podcasts or subscribe via iTunes for the latest updates.

Whether you listen in your office, on your daily commute or even in the bath, Cochrane podcasts offer a quick and easy way to keep up with the latest evidence from the Cochrane Library.

Cochrane Translations: Making Cochrane podcasts more relevant to a Brazilian audience

The Brazilian translation team have been modifying English language Cochrane podcast scripts before translating them into Portuguese, in order to make them more suitable for their local audience.

The Portuguese translation team at Cochrane Brazil felt that while Cochrane podcasts have the potential to be a great tool for disseminating health evidence, the podcast scripts were too long and too difficult for the average Brazilian listener to understand. When translating from English to Portuguese, the Portuguese text can often end up being up to 30% longer than the original. Therefore, the translation team decided to make tweaks to the scripts before we translated them and recorded the audio files in Portuguese.

So far, this new initiative has seen a substantial rise in views of the Cochrane Translations website, with more than 50% new visitors since July 2017. This would indicate that people are getting familiar with the new page and information, with a significant increase of repeat visitors. Cochrane are still monitoring the statistics, and hope to present more details on impact in 2018.

Cochrane Nursing Blogs - <http://www.evidentlycochrane.net/category/evidence-for-everyday-nursing/>

Cochrane aims to make their evidence more easily accessible, and to encourage discussion about it through weekly blogs. The blogs feature new or updated Cochrane reviews on health topics, and on occasion there will be multiple blogs on the same subject. It is for everyone who is interested in finding and using the best quality evidence to inform decisions about health.

The blogs are written for a non-medical audience, and many are aimed at people making choices about their own health or supporting friends and family in doing so. They give accessible summaries of reliable evidence and give an explanation for medical and research terms.

We encourage our CNCF members to connect with this blog as a valuable resource of evidence, and to share opinions and participate in discussions with other healthcare practitioners.

Cochrane Corner Summaries developed since last newsletter (Some summaries may be pending publication):

Summary Writer: Jonathan Branney BN (Hons), RN, MChiro, PgCert (Prof Practice), PGCE, PhD; Mehrafarin Izadpanah BSc (Hons), Bournemouth University – Topic: **'Is liposomal bupivacaine peripheral nerve block safe and effective for the management of postoperative pain?'** – Nursing Standard

Summary Writer: Amanda Stott, RN, BSocSc (Psych), Med, Lecturer in Nursing, School of Nursing, Midwifery & Indigenous Health, Charles Sturt University, Bathurst, NSW – Topic: **'Hyaluronic Acid and Other Conservative Treatment Options for**

Osteoarthritis of the Ankle' - Orthopaedic Nursing Journal

Summary Writer: Anne Wareing, MSc, BSc, BA (Hons), RN, Clinical Nurse Specialist – St George's University Hospitals NHS Foundation Trust, London – Topic: **'School-based physical activity programs for promoting physical activity and fitness in children and adolescents aged 6 to 18'** – International Journal of Nursing Practice

Summary Writer: Natalie Bradford, RN MPH PhD. Queensland Youth Cancer Service, Centre for Children's Health Research, Brisbane, Australia and Queensland Institute of Technology, Brisbane Australia – Topic: **'Examining the effect of durations of platinum infusion on hearing loss in children with cancer'** – Nursing Standard

Summary Writer: Cresilda T. Newsom, DNP MSN RN CPAN is a clinician at the University of California San Diego Health System, U.S – Topic: **'Melatonin for pre- and postoperative anxiety in adults'** - Journal of Perioperative Practice

Summary Writer: Anne Wareing, MSc, BSc, BA (Hons), RN, Clinical Nurse Specialist – Dept. of Haemostasis, St George's University Hospitals NHS Foundation Trust, London – Topic: **'Iron therapy for pre-operative anaemia'** - Journal of Perioperative Practice

Summary Writer: Amanda Wilson RN BA (Hons) MCA PhD, School of Nursing and Midwifery University of Newcastle – Topic: **'Acupuncture for Stroke Rehabilitation'** – International Journal of Nursing Practice

Summary Writers: Dr Kim van Wissen, Senior Lecturer, School of Nursing, Massey University, Wellington, New Zealand and Dr Denise Blanchard, Senior Lecturer, School of Nursing, Midwifery and Indigenous Health, Charles Sturt University, Bathurst, Australia – Topic: **'Ketamine and other glutamate receptor modulators for depression in bipolar disorder in adults'** – Issues in Mental Health Nursing Journal

Summary Writer: Daksha Trivedi, Senior Research Fellow, Centre for Research in Primary and Community Care, University of Hertfordshire, Hatfield, UK – Topic: **'Mini-Mental State Examination (MMSE) for the detection of dementia in clinically unevaluated people aged 65 and over in community and primary care populations'** - Primary Health Care Research & Development Journal

Summary Writer: Kate Rowan-Robinson, Nurse Manager, Sonic Health Plus – Topic: **'Group-based parent training programmes for improving emotional and behavioural adjustment in children'** - International Journal of Nursing Practice

Summary Writers: Taifang Liu RN MSN, School of Nursing, TaiShan Medical University and Ai hua Zhang RN MSN PhD, School of Nursing, TaiShan Medical University – Topic: **'Music interventions for improving psychological and physical outcomes in cancer patients'** - Veteran General Hospital Nursing Journal

Summary Writers: Patrick Phillips, Registered Nurse (Sheffield Teaching Hospitals NHS Foundation Trust) and Research Associate

(School of Health and Related Research, the University of Sheffield) and Janette Phillips Gynaecology Nurse Practitioner,

Chesterfield Royal Hospital NHS Foundation Trust – Topic: **'Hysterectomy with radiotherapy or chemotherapy or both for women with locally advanced cervical cancer'** – Clinical Nurse Specialist Newsletter

Summary Writer: Professor Lisa Whitehead, PhD, MA, BSc (hons) RN, School of Nursing and Midwifery, Edith Cowan University, Western Australia – Topic: **'Vitamin D for the management of asthma'** – International Journal of Nursing Studies

Summary Writer: Sabina Gonzalez RN, MS, CCRN, Adult Critical Care Clinical Nurse Educator, Member, Cochrane Nursing Care Field, Institute for Nursing Excellence, UCSF Medical Centre San Francisco, California – Topic: **'Protocol-directed sedation versus non-protocol-directed sedation to reduce duration of mechanical ventilation in mechanically ventilated intensive care patients'** – Critical Care Nurse Journal

Summary Writer: Fakher Rahim PhD Researcher - Health Research Institute, Research Centre of Thalassaemia and Hemoglobinopathies, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran – Topic: **'Immediate antiepileptic drug treatment, versus placebo, deferred, or no treatment for first unprovoked seizure'** – American Journal of Nursing

Make a contribution to the CNCF newsletter

We are very interested to hear from our readers regarding the content of this monthly newsletter.

We would be grateful to receive any stories, news or events information that may be of interest to our readers. All content submissions can be forwarded to the CNCF

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(Some extracts from Cochrane Communications have been included in this Bulletin)

