

“If you don’t know exactly what’s going on, it’s hard to fully evaluate the risks, and it’s hard to improve upon it. These are clinical trials not clinical realities”

– Alan Russell, Author

**CNCF ‘Writer in Focus’ series:
Professor Tracy Leveitt-Jones**



Pictured: Professor Tracy Leveitt-Jones

There is a growing number of senior clinicians and healthcare educators joining the CNCF's knowledge translation mission, all offering support and the benefit of their experience to the Field's evidence dissemination work. In this edition we are delighted to feature another of our highly valued and experienced summary writers, Professor Tracy Leveitt-Jones.

Professor of Nursing Education and Discipline Lead at the University of Technology in Sydney Australia, Tracy's

research interests include: patient safety, clinical reasoning, cultural competence, mindfulness, interprofessional education, empathy, simulation, belongingness, and the student experience (including preparation for practice, transition and retention). She has authored a staggering ten books, the most recent titled: *'Clinical Reasoning: Learning to think like a nurse'* and *'Critical Conversations for Patient Safety'*; as well as having developed nearly 200 book chapters, reports and peer reviewed journal articles. Tracy has received a number of teaching and research awards, as well as qualifying for over four million dollars in grant funding.

Tracy has expertise in mixed methods designs, evaluation studies, systematic reviews, cross-sectional surveys, Delphi technique, cost-benefit analysis, and experimental designs. She is also the Assistant Editor of Clinical Simulation in Nursing and a member of the Editorial Board for Nurse Education Today and NursingPlus Open.

On the importance of evidence based practice, Tracy writes: 'Although healthcare professionals are committed to evidenced based practice, this has, for the most part, not translated to a rigorous examination of educational practices and outcomes. My program of research focuses on evaluating the effectiveness of

curricula interventions and examining the impact of healthcare education on clinical practice.'

Tracy maintains her research is designed to inform, influence and potentially improve patient outcomes, and advance the quality of teaching and learning for healthcare students. She is committed to building on and disseminating the evidence base for both clinical practice and healthcare education.

Recently Tracy was awarded an Australian Technology Network grant titled: '*A Virtual Empathy Museum: A unique approach for improving healthcare graduates' empathy and employability skills*'

For more information on the work of Professor Tracy Levett-Jones, visit her Web profile: <http://www.proftlj.com/>

Twitter: @Prof_TLJ

CNCF 'Writer in Focus' - Professor Rhoda Redulla presents at the Joanna Briggs Institute Colloquium 2018



Pictured: Professor Rhoda Redulla and Executive Director of the Joanna Briggs Institute, Professor Zoe Jordan

Another of the Field's valued writers, Professor Rhoda Redulla, had the opportunity to present at the recent Joanna Briggs Institute (JBI) Colloquium 2018, which was this year held in Antwerp, Belgium. Rhoda's presentation was titled: '*Effective Use of Evidence Summaries in Bridging the Research-Practice Gap*', and focused on her work with the CNCF as an evidence summary writer.

An active member of the Field for over two years, Rhoda has prepared numerous Cochrane Review Summaries that have been published in the Field's collaborating journals, including the International Journal of Nursing Studies, the International Journal of Older People Nursing, the Nursing Times and the International Journal of Evidence Based Healthcare.

Rhoda is currently the Magnet Program Director at NewYork-Presbyterian, USA. With almost twenty years of combined professional nursing experience, Rhoda offers a valuable and practiced perspective to her Cochrane Review Summaries.

Rhoda started her career as a Nursing Professor at the University of Northern Philippines and pursued her master's degree right after completion of the baccalaureate nursing program. This sparked the beginning of her love for research as she worked to learn more about the care of low birth weight babies. She also continued to pursue her Doctor of Philosophy in Nursing. Midway through the program, Rhoda's family moved to the United States of America where she relaunch her nursing career. Rhoda's experience working as a clinical nurse at the Gastroenterology and Hepatology Division of the Hospital within the University of Pennsylvania nurtured her interest in chronic liver disease.

When Rhoda pursued her Doctor of Nursing Practice degree, a clinical-focused

doctorate at the Johns Hopkins University, her project concentrated on developing and testing a nurse-driven pathway in hepatitis C management. Her academic program was designed to foster both clinical and scientific inquiry and there she learned to conduct a systematic review.

Rhoda is actively involved in her professional nursing organisation – The Society of Gastroenterology Nurses and Associates (SGNA). In 2012, the organisation launched a scholars' program and partnered with the Joanna Briggs Institute (JBI- Texas Christian University Collaborating Centre). This was part of SGNA's strategic plan to train more gastroenterology and endoscopy nurses in evidence-based practice. Rhoda was one of the eight scholars in the inaugural class and obtained certification in JBI Comprehensive Systematic Review development. During this time, Rhoda also assumed a new role in her organisation as the Director of Nursing Practice, tasked with advancing professional nursing practice through evidence-based practice. She was also the nursing liaison to the Centre of Evidence-Based Practice, University of Pennsylvania Health System. In this role, Rhoda deepened her knowledge in evaluating clinical issues from various areas in the organisation, defining scope of key question and outcomes.

Rhoda values professional advancement and feels grateful to have the opportunity to practice at the highest levels of nursing through leadership and scholarship. She has published in peer-reviewed journals and is an expert reviewer for several professional nursing journals.

Rhoda's commitment to advancing the knowledge and skills of nurses in evidence-based practice prompted her to become involved with CNCF as an evidence summary writer. Rhoda writes, 'At the patient's bedside, nurses are constantly confronted with clinical issues and

expected to think and act quickly, yet effectively and most efficiently. For example, the use of CHG vs soap and water and the effect to surgical site infection, strategies in educating patients to improve medication adherence, nurse bedside shift report and hospital-acquired complications – these questions arise in daily practice. Empowering nurses to learn how to access the most current and best evidence can lead to measurable improvements in healthcare quality and patient safety. After conducting my first systematic review several years ago, my mindset on how I view research and evidence was completely transformed.'

Rhoda writes: 'The CNCF plays a vital role in the dissemination of best practice evidence related directly to frontline care, and provides critical information that nursing staff can access and absorb quickly and easily.'

Cochrane's purpose is to enable clinicians to make better healthcare decisions

Cochrane is a global independent network of researchers, professionals, patients, carers, and numerous others focused on improving healthcare outcomes internationally to ensure the best available evidence reaches those that need it the most – at the patient's bedside. Many of Cochrane's contributors are world leaders in the fields of medicine, health policy, research methodology, and consumer advocacy, and they are located in some of the most respected international academic and medical institutions.

Currently, Cochrane has in excess of 37,000 contributors, who are located in over 130 countries. These people share a common goal and work together to produce credible and accessible health information that is free from commercial sponsorship and other conflicts of interest. Cochrane

gathers and analysis the best available evidence ultimately to help healthcare workers, patients and their families make informed decisions about health and health care.

Cochrane does not accept commercial or conflicted funding, which is essential to enabling the organisation to generate authoritative and reliable information, working freely and unconstrained by commercial and financial interests.

The work of Cochrane is recognised as representing an international gold standard for high quality, trusted information.

The need for Cochrane's work is even greater now than it was when the organisation was established 20 years ago. As access to health evidence increases, so do the risks of misinterpreting complex content. Consequently, the likelihood of any one person getting a complete and balanced picture decreases. It is therefore Cochrane's mission to provide accessible and credible information to support informed decision-making for improved global health.

The derivative work of the CNCF plays a vital role in enabling international access to Cochrane's gold standard evidence through the dissemination of the Field's review summaries in highly subscribed journals, and by bringing nurses and frontline healthcare workers around the world to the Cochrane library.

Cochrane Podcasts

Cochrane podcasts deliver the latest Cochrane evidence in an easy to access audio format, allowing you to stay up to date on newly published reviews wherever you are.

Each Cochrane podcast offers a short summary of a recent Cochrane review from the authors themselves. They have been recorded in 33 languages and are brief, allowing everyone from healthcare

professionals to patients and families to hear the latest Cochrane evidence in under five minutes.

You can view and search our entire catalogue of hundreds of podcasts or subscribe via iTunes for the latest updates.

Whether you listen in your office, on your daily commute or even in the bath, Cochrane podcasts offer a quick and easy way to keep up with the latest evidence from the Cochrane Library.

Cochrane Nursing Blogs

<http://www.evidentlycochrane.net/category/evidence-for-everyday-nursing/>

Cochrane aims to make their evidence more easily accessible, and to encourage discussion about it through weekly blogs. The blogs feature new or updated Cochrane reviews on health topics, and on occasion there will be multiple blogs on the same subject. It is for everyone who is interested in finding and using the best quality evidence to inform decisions about health.

The blogs are written for a non-medical audience, and many are aimed at people making choices about their own health or supporting friends and family in doing so. They give accessible summaries of reliable evidence and give an explanation for medical and research terms.

We encourage our CNCF members to connect with this blog as a valuable resource of evidence, and to share opinions and participate in discussions with other healthcare practitioners.

Cochrane Corner Summaries developed since last newsletter (Some summaries may be pending publication):

Summary Writer: Fakhre Rahim PhD Researcher - Health Research Institute, Research Centre of Thalassemia and Hemoglobinopathies, Ahvaz Jundishapur

University of Medical Sciences, Ahvaz, Iran
– Topic: **'Immediate antiepileptic drug treatment, versus placebo, deferred, or no treatment for first unprovoked seizure'** – American Journal of Nursing

Summary Writers: Mick Harper PhD, MA(Ed), PgC LTHE, BSc (Hons), Dip (HE), PFHEA, RODP and Ashley Neve BSc (Hons), RODP School of Health Sciences and Social Work, University of Portsmouth, Portsmouth, UK – Topic: **'Nitrous oxide-based techniques versus nitrous oxide-free techniques for general anaesthesia'** - Journal of Perioperative Practice

Summary Writers: Danette Y. Wall, DNP, MSN/MBA HCM, RN, ACRN, CPHQ and James A. Haley RN Veterans Hospital Tampa – Topic: **'Vitamin A supplementation for postpartum women'** - Veteran General Hospital Nursing Journal

Summary Writer: Professor Lisa Whitehead, PhD, MA, BSc (hons) RN, School of Nursing and Midwifery, Edith Cowan University, Western Australia – Topic: **'Self-management programmes for quality of life in people with stroke'** – International Journal of Nursing Practice

Summary Writer: Maria José Góis Paixão, Associate Professor of Pediatric Nursing, Escola Superior de Enfermagem de Lisboa, Portugal – Topic: **'Vitamin A supplementation for the prevention of morbidity and mortality in infants one to six months of age'** – American Journal of Nursing

Summary Writer: Natalie Bradford, RN MPH PhD. Queensland Youth Cancer Service, Centre for Children's Health Research, Brisbane, Australia – Topic: **'Interventions for**

sexual dysfunction following treatments for cancer in women' - Breast Cancer Care: Nursing Network News

Summary Writer: Kevin Borrett, RCSLT HCPC MRes - School of Health Sciences and Social Work - University of Portsmouth – Topic: **'Interventions for dysphagia in oesophageal cancer'** - Gastroenterology Nursing Journal

Summary Writer: Debbi Atkinson MA, BSc (Hons), RGN, RN (Child), DipHE, PGCE, Senior Lecturer, BN (Hons) Adult Nursing, University of Portsmouth, UK – Topic: **'Ambulatory and shortburst oxygen for interstitial lung disease'** – Nursing Standard

Summary Writer: Susan Bellman MClInSc MNutrDiet BPharm GradCertDiabEdM Research Fellow, Joanna Briggs Institute, University of Adelaide – Topic: **'Pharmacological treatment for memory disorder in multiple sclerosis'** - International Journal of Evidence Based Healthcare

Summary Writer: Barbara A. Coles, PhD, RN-BC, LHRM, Department of Veteran Affairs, Veterans Health Administration, Instructor, Keiser University, Instructor, American Public University Systems – Topic: **'Intensive Case Management for Severe Mental Illness'** – Issues in Mental Health Nursing Journal

Summary Writer: Rhoda R. Redulla, DNP, RN-BC, New York Presbyterian Hospital- Weill Cornell Medical Centre – Topic: **'Long-term proton pump inhibitor (PPI) use and the development of gastric pre-malignant lesions'** - Gastroenterology Nursing Journal

Summary Writer: Amanda Stott, RN, BSocSc (Psych), Med, Lecturer in Nursing, School of Nursing, Midwifery & Indigenous Health,

Charles Sturt University, Bathurst, NSW – Topic: **'Single Dose Intravenous Propacetamol or Intravenous Paracetamol for Postoperative Pain'** – Nursing Standard

Summary Writer: Kate Rowan-Robinson RN, BN, GradDipSexol, MACN, National Nurse Manager/Sonic HealthPlus, Western Australia – Topic: **'Supportive interventions for enhancing dietary intake in malnourished or nutritionally at-risk adults'** – International Journal of Nursing Practice

Summary Writers: Taifang Liu RN MSN, School of Nursing, TaiShan Medical and Ai hua Zhang RN MSN PhD - both from the School of Nursing, TaiShan Medical University, Taian City, Shandong Province, People. S Republic of China – Topic: **'Hepatitis B vaccination for reducing morbidity and mortality in persons with HIV infection'** – The Association of Nursing in Aids Care Journal

Phyllis Brown Whitehead, PhD, APRN, ACHPN, RN-BC, Clinical Nurse Specialist, Palliative Medicine/Pain Management, Carilion Roanoke Memorial Hospital, Assistant Professor, Virginia Tech Carilion School of Medicine – Topic: **'Yoga treatment for chronic non-specific low back pain'** – American Journal of Nursing

Summary Writer: Dr David Barrett, RN, PhD, Academic Manager, Faculty of Health Science, University of Hull – Topic: **'Continuous chest compression versus interrupted chest compression for cardiopulmonary resuscitation of non-asphyxial out-of-hospital cardiac arrest'** – American Journal of Nursing

Summary Writer: Amanda Wilson RN BA (Hons) MCA PhD, Senior Lecturer, School of Nursing and Midwifery, University of

Newcastle, Australia – Topic: **'Cardiotocography versus intermittent auscultation of fetal heart on admission to labour ward for assessment of fetal wellbeing'** - International Journal of Nursing Practice

Daksha Trivedi, Senior Research Fellow, Centre for Research in Primary and Community Care, University of Hertfordshire, Hatfield, UK – Topic: **'Interventions to improve return to work in depressed people'** - Primary Health Care Research and Development Journal

Summary Writer: Susan Bellman M ClinSc MNutrDiet BPharm GradCertDiabEdM, Research Fellow, Joanna Briggs Institute, University of Adelaide – Topic: **'Pharmacological treatment for memory disorder in multiple sclerosis'** – International Journal of Evidence Based Healthcare

Summary Writers: Lisa Whitehead, PhD, MA, BSc (hons) RN, Professor of Nursing Research, and Diana Arabiat, PhD, MSc, BSc, Mandie Foster, PhD, RN Associate Professor, Research and Clinical Innovation, Lecturer, School of Nursing and Midwifery, Edith Cowan University, Western Australia – Topic: **'Singing as an adjunct therapy for children and adults with cystic fibrosis'** – International Journal of Nursing Studies

Make a contribution to the CNCF newsletter

We are very interested to hear from our readers regarding the content of this monthly Bulletin.

We would be grateful to receive any stories, news or events information that may be of interest to our Field's members. All content submissions can be forwarded to the CNCF

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(Some extracts from Cochrane Communications have been included in this newsletter)

