

*“Never lose the opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard seed germinates and roots itself.”*

– Florence Nightingale

### CNCF ‘Writer in Focus’ series: Dr Jill Campbell RN



Pictured: Dr Jill Campbell

It is an impressive achievement considering how far the CNCF international member’s network spans, bringing together expertise from a wide variety of healthcare institutions located across the globe. In this edition we acknowledge another of our valued Australian colleagues, Dr Jill Campbell.

Jill began her nursing career more than 30 years ago in the remote town of Broken Hill. From there Jill moved to Sydney where she

pursued her love of cardiology and intensive care nursing. As a defence spouse, Jill moved around Australia and finally settled in Brisbane where she is currently employed at the Royal Brisbane and Women’s Hospital as a Wound Care Specialist Nurse, and is also a visiting Fellow at the Queensland University of Technology.

Jill completed her PhD in 2016 – exploring incontinence associated dermatitis in the acute care setting. She has a particular passion for improving skin safety in vulnerable patients and is currently continuing to build on the valuable research she undertook during her doctoral studies.

One of Jill’s goals is to improve the interface between clinicians and nurse researchers – improving the translation of evidence at the bedside.

On her reasons for joining the CNCF’s evidence dissemination mission, Jill writes: “The summaries produced by the CNCF are an integral part of bringing evidence to the bedside. Quality summaries can make the evidence less daunting and more accessible for clinicians.” Jill also believes that preparing summaries for the Field

keeps her in touch with research outside of her own specialty. Jill urges anyone who is considering writing a summary to get in touch with the CNCF group and become involved. She believes the benefits of the Field's dissemination work are enormous and can significantly impact the way nurses administer healthcare at the patient's bedside.

### **A CNCF summary was one of the most downloaded article in International Journal of Nursing Practice in 2017**

The CNCF is pleased to announce that a Cochrane review summary prepared by Field member, Natalie Bradford, titled: *'Repositioning for pressure ulcer prevention in adults'* was one of the most downloaded recent papers for the International Journal of Nursing Practice. This means that amongst articles published between 2016-2017, this Field article was one of the most frequently accessed in the 12 months after its online publication! What a great measure of impact.

The article generated immediate impact and helped to raise the visibility of International Journal of Nursing Practice. As of year-end 2017 the CNCF summary on a Cochrane review had received 2652 downloads.

The International Journal of Nursing Practice is a fully refereed journal publishing original scholarly work that advances the international understanding and development of nursing, both as a profession and as an academic discipline. The journal focuses on research and professional discussion papers that have a sound scientific, theoretical or philosophical base.

To view the full article go to – <https://onlinelibrary.wiley.com/doi/10.1111/ijn.12426>

### **CNCF Summary Writer, Natalie Bradford**



**Natalie Bradford PhD, MPH, BNurs, RN, Queensland Youth Cancer Service, Lady Cilento Children's Hospital - Brisbane, Australia**

With an extensive clinical background, Natalie Bradford has enjoyed a nursing career spanning over 25 years. She commenced her nursing career in paediatric oncology and palliative care and in 2009 started a research project with the University of Queensland, which opened up a whole new world for her. Natalie started her Master's in Public Health at this time and developed a keen interest in study design and epidemiological studies. She led numerous small research projects and was successful in getting this work published. Working within an academic environment, Natalie eventually decided to commence her PhD, which she completed in 2014. Her thesis investigated how home telehealth technologies could be used to deliver specialist palliative care services for children living in rural and remote parts of Queensland. Natalie now works as a Nurse Researcher for the Queensland Youth Cancer Service, and

maintains an academic position with Queensland University of Technology.

On her reasons for joining and actively supporting the CNCF, Natalie writes: "Research has become a really important part of my practice and I get excited about the possibilities of making a difference and being able to improve outcomes for patients, or the quality and efficiency of services. I completed a Cochrane review with some colleagues in 2014 and was simultaneously intrigued, inspired and daunted by the level of detail, rigour and depth that was involved to complete the review. I also knew that many other nurses wouldn't have the time or opportunity to even read the whole review, let alone partake in undertaking one. This is why the CNCF Cochrane summaries are so important. They make the evidence generated in a full review accessible and digestible for nurses."

"I really enjoy writing for the CNCF because preparing a summary is a great way to stay on top of the current evidence, and to share relevant evidence with others."

### **What is a 'Cochrane Corner' column? – A summary of the Field's impact**

Fields have a particular role in supporting Cochrane's dissemination strategy, and one of the methods by which Fields do this is through promoting awareness of Cochrane reviews and subscription to the Cochrane library. One of the predominant activities of the CNCF is the production of 'Cochrane Corner' columns, which are summaries of recent Cochrane Reviews that relate to nursing and frontline care. The summaries are prepared by Field members who have experience and/or an interest in the topic area. The Field has

publication agreements with several high impact international nursing journals in which the Field's summaries are regularly featured.

The CNCF Summary Writer is credited only as having produced the article, with the original authors and full citation of the Cochrane Review addressed in each published summary.

The purpose of the CNCF summary is to provide an opportunity whereby Cochrane reviews can reach a wider group of nurses and related healthcare agencies, and allow direct access to highly relevant evidence outcomes they might not otherwise be privy to, or have the ability to accurately interpret.

Since 2015, the field has produced and published in excess of 300 Cochrane Review Summaries, featured in journals such as the International Journal of Nursing Studies, The American Journal of Nursing, The Nursing Standard, and the International Journal of Nursing Practice - each with a significant international readership.

A reader of the American Journal of Nursing (who has since become a contributing editor and member of the journal's editorial board) was so taken with the Cochrane Corner columns, she wrote a post for the journal's blog titled: 'OfftheCharts' to promote the column. In it she stated: "I started to realise that the CNCF Cochrane review summaries were sometimes the best bedside research translator out there."

The appeal of a 'Cochrane Corner' is the ability to quickly access the main points of a lengthy review, without having to read the entire document. And for those working in a busy ward directly with patients, limitations in time is a consistent problem and frequently prevents

healthcare workers from the opportunity to properly evaluate the best practice at the point of care. The Field's review summaries allow busy clinicians to quickly access a brief on the best evidence, which succinctly provide the recommended practice in a particular instance. Time is not the only limitation, with many Cochrane reviews filled with highly scientific content that is not always straightforward to interpret by healthcare workers. For these reasons, the Field's 'Cochrane Corner' columns continue to receive the support of some of the most highly regarded nursing journals in the world, and why the Field's membership continues to grow internationally.

It is clear the articles are having some degree of impact, not only because of the support the Field gets from its collaborating journals, but also because much of the Field's new membership is coming from clinicians who have benefited from reading one or more of the Field's published summaries.

The 'Cochrane Corner' program has proven an effective tool at supporting the use of Cochrane best practice evidence in Nursing.

## Cochrane Podcasts

Cochrane podcasts deliver the latest Cochrane evidence in an easy to access audio format, allowing you to stay up to date on newly published reviews wherever you are.

Each Cochrane podcast offers a short summary of a recent Cochrane review from the authors themselves. They have been recorded in 33 languages and are brief, allowing everyone from healthcare professionals to patients and families to

hear the latest Cochrane evidence in under five minutes.

You can view and search our entire catalogue of hundreds of podcasts or subscribe via iTunes for the latest updates.

Whether you listen in your office, on your daily commute or even in the bath, Cochrane podcasts offer a quick and easy way to keep up with the latest evidence from the Cochrane Library.

## Impact Factor for Cochrane Database of Systematic Reviews rises to 6.754 in 2017

The 2017 Journal Citation Report (JCR) confirmed the impact factor for the Cochrane Database of Systematic Reviews (CDSR) has increased to 6.754. This is a significant increase on the 2016 Journal Impact Factor of 6.264.

The CDSR Journal Impact Factor is calculated by taking the total number of citations in a given year to all Cochrane Reviews published in the past two years, and dividing that number by the total number of Reviews published in the past two years. It is a useful metric for measuring the strength of a journal by how often its publications are cited in scholarly articles.

Cochrane's Editor in Chief, David Tovey, commented: "I am delighted to see a further rise in Impact Factor for the Cochrane Database of Systematic Reviews. There is also a pleasing increase in total citations, and the five year impact factor is strong. All of this data demonstrates the usage and impact of our reviews, and reflects enormous credit on our contributors and groups."

The main Journal Impact Factor report and the Cochrane Review Group reports will be

delivered in early August 2018. To read more on the journal's impact factor go to - <http://www.cochranelibrary.com/dotAsset/0be5e11d-69d4-489a-bb84-e140bd257e88.pdf>

**Cochrane Nursing Blogs** - <http://www.evidentlycochrane.net/category/evidence-for-everyday-nursing/>

Cochrane aims to make their evidence more easily accessible, and to encourage discussion about it through weekly blogs. The blogs feature new or updated Cochrane reviews on health topics, and on occasion there will be multiple blogs on the same subject. It is for everyone who is interested in finding and using the best quality evidence to inform decisions about health.

The blogs are written for a non-medical audience, and many are aimed at people making choices about their own health or supporting friends and family in doing so. They give accessible summaries of reliable evidence and give an explanation for medical and research terms.

We encourage our CNCF members to connect with this blog as a valuable resource of evidence, and to share opinions and participate in discussions with other healthcare practitioners.

**Cochrane Corner Summaries developed since last newsletter (Some summaries may be pending publication):**

Summary Writer: Chloe Gaines, PhD, RN, FNP-BC, Professor, Prairie View A&M University – Topic **'Screening women for intimate partner violence in healthcare settings'** - Nursing for Women's Health Journal

Summary Writer: Margaret Stephens MSc BSc, Senior Lecturer in Speech, Language

and Communication Science, University of Portsmouth UK – Topic: **'Aphasia Therapy Following Stroke'** - American Journal of Nursing

Summary Writer: Robin Christian, DNP, FNP-C, APRN, Associate Professor/University of Mississippi Medical Center, Jackson, Mississippi, USA – Topic: **'Antidepressants for treating depression in adults with end-stage kidney disease with dialysis'** - Issues in Mental Health Nursing Journal

Summary Writer: Dr Catriona Kennedy, QNIS Professor of Community Nursing, School of Nursing and Midwifery, Robert Gordon University, Aberdeen, Scotland – Topic: **'Interventions for raising breast cancer awareness in women'** - International Journal of Nursing Practice

Summary Writer: Peter M. Sinclair, RN (Renal), MPhil, PhD (c) Lecturer/School of Nursing & Midwifery, Faculty of Health & Medicine. The University of Newcastle – Topic: **'Interventions for Chronic Kidney Disease associated restless legs syndrome'** - International Journal of Evidence Based Healthcare

Summary Writer: Amanda Wilson RN BA (Hons) MCA PhD, Senior Lecturer, School of Nursing and Midwifery, University of Newcastle, Australia – Topic: **'Assistive devices, hip precautions, environmental modifications and training to prevent dislocation and improve function after hip arthroplasty'** - International Journal of Nursing Studies

Summary Writer: Amanda Wilson RN BA (Hons) MCA PhD, Senior Lecturer School of Nursing and Midwifery, University of Newcastle – Topic: **'S-adenosyl methionine**

**(SAME) for depression in adults'** – Mental Health Nursing Journal

Summary Writer: Kirsty Harris, MA, PCE, RN, Senior Lecturer, School of Health Sciences and Social Work, University of Portsmouth – Topic: **'Intensity of continuous renal replacement therapy for acute kidney injury'** – Nursing Standard

Summary Writer: Tracy Levett-Jones, RN, PhD, MEd & Work, BN, DipAppSc(Nursing), Professor of Nursing Education, Discipline Lead – Nursing Faculty of Health, University of Technology Sydney – Topic: **'Micronutrient supplementation in adults with HIV infection'** – Journal for the Association of Nurses in Aids Care

Summary Writer: Elise Button, Acting Nurse Researcher, Cancer Care Services, Royal Brisbane and Women's Hospital, Brisbane, Queensland, Australia – Topic: **'Do end-of-life care pathways improve outcomes in caring for the dying?'** – Clinical Nurse Specialist Journal

Summary Writer: Vicky Visvanathan, Lecturer, CN, CCRN, PhD Candidate, MN, PG Dip. Critical Care Nursing; PG Cert. in Research Methodologies, University of South Australia – Topic: **'Antihypertensive pharmacotherapy for prevention of sudden cardiac death in hypertensive individuals'** – International Journal of Nursing Studies

Summary Writer: Josie Bidwell, DNP, RN, FNP-C, Assistant Professor of Nursing, University of Mississippi Medical Centre – Topic: **'Fluoride mouthrinses for preventing dental caries in children and adolescents'** – Public Health Nursing Journal

Summary Writer: Anne Wareing, MSc, BSc, BA (Hons), RN, Clinical Nurse Specialist – Dept. of Haemostasis, St George's University Hospitals NHS Foundation Trust, London – Topic: **'Non-surgical interventions for treating heavy menstrual bleeding (menorrhagia) in women with bleeding disorders'** – International Journal of Nursing Practice

Summary Writer: Patrick Phillips RN, MSc, Clinical Research Nurse/ Research Associate, The University of Sheffield – Topic: **'Antifibrinolytics (lysine analogues) for the prevention of bleeding in people with haematological disorders'** – Nursing Standard

Summary Writer: Janice Christie, PhD, Senior Lecturer/University of Manchester, Division of Nursing Midwifery & Social Work, Faculty of Biology, Medicine and Health, The University of Manchester – Topic: **'Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE) for the early diagnosis of dementia across a variety of healthcare settings'** – Mental Health Nursing Journal

Summary Writer: Lesley Andrews, RN, SPQ (Renal), BSc, PGDip, PGCert. Lecturer, Department of Nursing, University of the Highlands and Islands – Topic: **'Yellow fever vaccine for patients with HIV infection'** – Journal of the Association of Nurses in Aids Care

Summary Writer: Jacqueline Pich PhD, BNurs (Hons I), BSc Lecturer, Faculty of Health UTS Sydney – Topic: **'Blood pressure lowering efficacy of renin inhibitors for primary hypertension'** – The American Journal of Nursing

Summary Writer: Kate Rowan-Robinson RN, BN, GradDipSexol, MACN, National Nurse Manager/Sonic HealthPlus – Topic: **‘Antiepileptic drugs for the primary and secondary prevention of seizures in viral encephalitis’** – Nursing Standard

Summary Writer: Professor Lisa Whitehead PhD, MA, BSc (hons) RN, Professor of Nursing Research, and Diana Arabiat, PhD, MSc, BSc – Topic: **‘The effects of different types of dietary advice for women with gestational diabetes mellitus on pregnancy outcomes’** – Clinical Nurse Specialist Journal

## **Make a contribution to the CNCF Bulletin**

We are very interested to hear from our readers regarding the content of this monthly Bulletin.

We would be grateful to receive any stories, news or events information that may be of interest to our readers. All content submissions can be forwarded to the CNCF Coordinator, Alex Mignone – at [Alex.Mignone@adelaide.edu.au](mailto:Alex.Mignone@adelaide.edu.au)

**CNCF Newsletter Contributor and Editor:** Alex Mignone  
(Some extracts from Cochrane Communications have been included in this newsletter)

